

Intuition Alignment

FREE 5 Day Challenge



DAY #4 - TRUST MYTH BUSTING

Your Action Steps For Today Are:

1. List everything your trust about intuition.

Intuition Alignment

FREE 5 Day Challenge



DAY # 4 TRUST MYTH BUSTING

2. Circle what clair sense you receive your intuitive information via

Clairvoyance - clear vision

Clairaudient - clear hearing

Claircognizance - clear inner knowing

Clairsentience - clear feeling

3. Circle were you think you are with your clairsenses.

L's - Learner/Beginner

P's - More than A Learner Yet Not Advanced/Know how to use my intuition
yet it is not fine tuned yet!

Open Licence - Advanced/Fine Tuned

Intuition Alignment

FREE 5 Day Challenge



DAY #4 TRUST MYTH BUSTING

4 . Write what truth do you know for you, that you trust about how you receive your intuitive information

eg. ' I receive my intuition clairvoyant. I know it is about seeing images, visual signs, visual synchronicities - licence plates, written words, anything visual is a sign for me. I know sometime the images are crystal clear and at other times not so.....

(List everything below)

Intuition Alignment

FREE 5 Day Challenge



DAY #4 TRUST MYTH BUSTING

5. Where are your gaps in your trust for you that you want/need or desire to fill in now!

eg. I don't know how to fine tune these skills or I don't know how to understand the message etc

Intuition Alignment

FREE 5 Day Challenge



DAY #4 TRUST MYTH BUSTING

6. How, where or what do you think you need right now to fill in the gaps for you to increase your level of trust & expand your intuition.

eg. trial/error/practise, learn more knowledge, read & apply, etc

Much Love
Rachael xx