

RACHAEL THOMPSON PHILLIPS



*Dear Goregous Goddess*  
**CLEAR YOUR SHIT**

RACHAEL THOMPSON PHILLIPS.COM

Release your baggage & rise into your  
divine femme power now

# Dear Gorgeous Goddess

You can create a sacred space to do this exercise, tune into what feels right for you...

I'd like you to take 8 of your biggest limiting stories you've been carrying around with you for years & let's clear them once & for all... Nothing holds you back more than these old stories that burdern you and keep you playing small...

Let's rise into your divine femme power now & clear your shit...

**Step #1** Go within & be truly honest about what you have on repeat... And write it down... Only when you can be true with what is holding you back, that you that feeling of emotioanl freedom...

Now, command that this distortion in your energetic filed is clear... Here's how:

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I now command that this old worn out story be removed from deep within my cellular structure, NOW...

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Feel it, own it, believe it is cleared...

**Step #2** Take a deep breath in to reset your beingness for this gorgeous next step...

Next, rewrite a new story that you can fully claim, call in and own it baby... Envision the next level you writing the story... That version of you that knows what you deeply desire & write from here...

**Step #3** Now, bring this new story down into your heart & let yourself FEEL into the new vibration of these emotions connected to you receiving your new belief/story... Become aware of the cellular shifts occurring within that match this new frequency you are now embodying...

*Woohoo Done !!!*



Example:

Old Belief

Nothing I do is ever good enough... Everything I do is wrong & always ends up being my fault...

New  
Enriched  
Belief

I am confident, loved & supported... I trust myself in all that I do... I am worthy & deeply connected with my intuitive soul self... I am divinely guided by my soul self & receive universal support along my journey... I am a divine gorgeous goddess who honours myself... Thank You Thank You Thank You... xx

New Feeling

Empowered, honoured, supported, loved, connected to self & source & free...

With each new belief really connect into the new emotions that it invokes within you, as this now becomes your new story... When the old story comes up (as it will) witness it & allow it to pass whilst you say the mantra of:

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I now release you with ease & grace... Thank you... xx

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Be patient as your transition from the old & transform into the gorgeous new story...

## List Your Beliefs Here:

*Belief #1*

SHIT BELIEF

GORGEOUS GODDESS BELIEF

DIVINE FEELING

*Belief #2*

SHIT BELIEF

GORGEOUS GODDESS BELIEF

DIVINE FEELING

## List Your Beliefs Here:

*Belief #3*

SHIT BELIEF

GORGEOUS GODDESS BELIEF

DIVINE FEELING

*Belief #4*

SHIT BELIEF

GORGEOUS GODDESS BELIEF

DIVINE FEELING

## List Your Beliefs Here:

*Belief #5*

SHIT BELIEF

GORGEOUS GODDESS BELIEF

DIVINE FEELING

*Belief #6*

SHIT BELIEF

GORGEOUS GODDESS BELIEF

DIVINE FEELING

## List Your Beliefs Here:

*Belief #7*

SHIT BELIEF

GORGEOUS GODDESS BELIEF

DIVINE FEELING

*Belief #8*

SHIT BELIEF

GORGEOUS GODDESS BELIEF

DIVINE FEELING



## *A little about me...*

International Psychic  
Creator of The 'BEYOU' Oracle  
Cards

Spiritual/Intuition Teacher  
Biz & Soul Mentoring  
& Speaker/Radio

Blog Talk Radio

*Shine Radio*

*Women*  
Taking The Lead

Selling In A Skirt

## **RACHAEL THOMPSON PHILLIPS**

is the creator of the Sacred Psychic online programme... She is here to help people awaken their intuitive soul self, so they become empowered, confident oracle readers that claim their sacred inherent power to lead & serve & build incredibly successful soulful businesses doing what they love...

Through her work as a hands on therapist within the spiritual industry with an array of knowlegde spanning from being a psychic/oracle reader, crystal & reiki healing, body intuitive, to human behavioiur, anatomy & physiology, list goes on... Rachael's wealth of knowledge spans over 20+ years...

Rachael now works with inspiring intuitives to share her wisdom & help them become professional psychic, mediums, mystics, healers & sassy biz owners to boot... She combines transformational healing work, strategy & soul alignment that allows her students to feel completely empowered from within...

Rachael has appeared on multiple podcast shows around the world, Blog Talk Radio in the USA & even writes a monthly article for the newspaper...

To learn more about Rachael Thompson Phillips, visit: [www.rachaelthompsonphillips.com](http://www.rachaelthompsonphillips.com)



## Testimonials

You have changed my life through sharing your knowledge, guidance & friendship throughout the Intuition Alignment Course & private Facebook group.

The Intuition Alignment Course has made everything so much clearer. This is not just about intuition, it brings an awareness to everything we do, why we do things we do & knowing what is our best course of action to take. So cool. The best gift I have ever given myself, not to mention my intuitive abilities have exploded & blown my mind totally wide open.

And lastly, your continued ongoing support is so appreciated as I grow my own spiritual business  
Thank you from the depth of my soul xx  
Helen Pattison



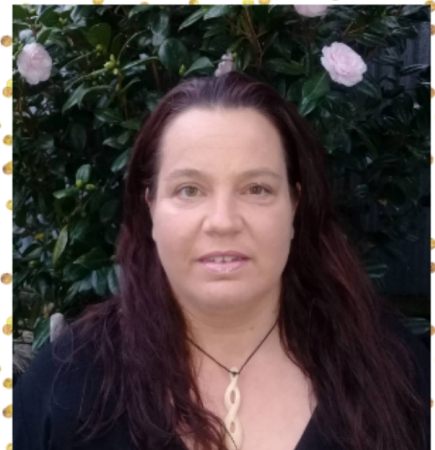
## Testimonials

It is the most self-enlightening course I have ever undergone.  
The way it is delivered - Professional yet down to earth, real and time flexible

The content is way beyond what I expected and suited to many types of personalities and levels, it is about removing the frustrations to grow/blossom into the best possible version of you and living your life's journey to the fullest.

The 'BEYOU' Oracle Cards and other content gives you an abundance of steps for your life to transform & tools to nourish the soul to become a spiritual being.

Rachael is helped me remove my limitations & find my strength to accept my uniqueness as a psychic music intuitive  
Anna Waldron



## Testimonials

My Intuition Teacher Rachael. Teacher first, now a supportive friend. To you Rachael, thank you for helping me to be me.

You have helped me to remove so many blockages and to believe in myself like I never thought possible. My world has been rocked and my wings are free to fly. I am my own best friend, and I love who I am.

My Intuition is getting clearer and louder day by day as I continue to grow as an oracle reader.

Also thank you for designing those amazing 'BEYOU' Oracle Cards. They are bloody beautiful just like you xx  
Tracey DeWit



# **SACRED** *Psychic*

**online programme**

formerly know as the Intuition Alignment Programme

## **READY TO TAKE YOUR INTUITIVE GIFTS TO A WHOLE NEW LEVEL?**

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