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#8 Steps To Confidently Read Oracle Cards

MINI GUIDEBOOK

Discover how to tune into your intuition using
oracle cards as your guide

#8 Steps To Confidently Read Oracle Cards



Tune In

Be present / neutral & respect your cards



Seek Guidance

Discover the core issue |

Ask specific questions



Choose Card Spread

Choose a card spread that connects with your question



Shuffle The Cards

Hand Over Hand Style | Cut/Slice The Deck |

Mash Up | Casino Style | Bottom Card



Read The Story

Interprete each individual card | Discover patterns or themes | Read the story



Unlock The Answer

Look back over the question & discover the answers within the cards



Reflection / Journal

Journal your reading | Highlight any key messages or insights | Reflect over reading



PPP | CPR Model

Practice | Patience | Unlimited Potential

Consistency | Persistence | Repetition

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STEP #1 - Tune In

Most people consider that the reading begins the moment you pick up your cards, however the true essence of reading begins before then...

The moment you want to seek guidance from your cards it's vitally important to become present... Present in the now... Even though you might want answers about the past or future, you live within the now...

You want to create a unity of mind, body soul & spirit...

Release all emotional attachments to whatever is occurring within your world so that your emotions are 'neutral' or else the cards will mirror what is going on within... You want the start with a clean slate...

You can say a releasing mantra to bring you back to neutral so that your oracle cards aren't connected to the emotional charge...

MANTRA

" I now release all emotions connected to (insert situation) now"

And then take a few deep breaths to bring yourself back into alignment with your true soul self...

Some people like to create a sacred space from which to do the readings from, tune into what feels right for you... Candles / Incense / crystals are all gorgeous tools to invoke a sacred space for reading oracle cards...

Respecting your oracle cards is imperative... They are a spiritual tool that picks up all energies from people, the environment they are in & from you... So be mindful of where you leave your oracle cards and your energetic vibration you bring each time you play with your oracle cards...

And finally, cleanse & clear your cards regularly... Sage / Full Moon energy / crystals are all beautiful ways to keep your oracle cards vibing gorgeously...

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STEP #2 - Seek Guidance

Set mindful intentions for your reading... You can call in your guides, universal energy & don't forget to connect with your inner soul self as you express your intention too...

Once you feel your present in the now & neutral emotionally ask specific questions... If your questions are broad then your answers will also mirror that...

So, for example "What do I want to know right now?" is a fabulous question to begin with...

Or you may be wanting to know something more specific about a situation, so here are a few more examples for you...

You may be wanting to know about a relationship with either your partner / husband / wife or friendship. So you might ask "What do I need to know about this relationship right now?"... Notice how the end of the questions finished with 'right now'... It's specific to the current / present situation... You may want to ask "what is missing from my relationship right now, or how can I create a deeper connection between myself & (insert name)?"

Or, you might be wanting to know about a career option... So you might ask "What can I do to increase my chances of getting this (insert career option) or "Is this (insert career option) from my highest potential long term?"

Notice how the questions are specific to seeking the guidance you deeply desire... You want to open a direct channel with your soul through the use of your oracle cards...

Oracle cards help to access the truth of any situation & course correct when anything is out of alignment... When you have got to the real core of the questions you're seeking guidance for, write it down...

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STEP #3 - Choose A Card Spread

It can be so easy to be overwhelmed by the multiple array of card spread to choose from, so let's keep it simple for you...

Below is a list of 3 of my favourite 3 Card Spreads for you to choose from...

Now that you have clarity about the core issue you're seeking guidance around, let's also keep the card spread options simple too..

Tune into a number choice of 1, 2 or 3 and go with the corresponding number choice or take a look below and feel into which one of the 3 options deeply connects with your question...



Past | Present | Future



Lesson From Situation | Obstacles | Guidance To Move Forward



You Now | Where You Want To Be | What Is Best Course Of Action

Or, you may simply just choose to pick a few cards and see what intuitive soul messages come through for you...

Don't stress here, your soul will always provide you with the answers you're seeking... Remember oracle cards are truth seekers & what is for you will not be withheld from you...

The key here is to match the card spread that is in alignment with your question... Trust your intuition, it's guidance from your soul coming through the oracle cards...

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STEP #4 - Shuffle The Cards

Now it's time to go exploring into your inner world... Pick up your cards & get a feel for what kind of shuffle fits naturally with your hands & soul...

Some shuffles will sit more comfortably with you than others... Don't stress here, there is no right or wrong, just what is right for you...

As you shuffle the cards remember your oracle cards are spiritual tools that hold energy, so tune into your intention you set at the beginning & also your question...

Then, when you feel compelled to stop, take the cards from where you feel drawn too & lay them out left to right, fae up ready to read...

STEP #5 - Read The Story

Let the fun begin... This is the time to be open to what ever intuitively comes through for you...

Go through each card, from left to right and discover what that card meaning means for you...

Start by looking at the card, is there something visually in the image that stands out for you, or the words on the cards is there something that connects with you or do you feel a feeling within you that is ignited...

Consider what is the story that is forming for you from each card & how does that relate to your question...

Only read the extended message within the guidebook after you've allowed yourself to sapce to collect the individual wisdom...

Oracle cards show a story in motion for you... So, once you've intepreted each card, then collate that information into a story that is being revealed to you...

#4

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STEP #6 - Unlock The Answer

Now this is where you start collecting all the information you've gathered together...

Take your question, the intuitive guidance from the cards & your own inner wisdom that may or may not have come through (don't worry if you haven't received any yet - it'll come ok) & the answer...

Take a moment to absorb all that has come through... Try not to get lost in all the meanings...

STEP #7 - Reflect & Journal

Write down everything that came through for you...

- ▷ The intention
- ▷ The question
- ▷ Any intuitive guidance
- ▷ The card meanings
- ▷ The answer based on what came through the cards
- ▷ Review everything without trying too hard... Look for patterns or themes within the card messages... See what stands out for you
Let things flow...

And within a week or more review your reading & reflect on the message you received & what has transpired as confirmation on your reading or validate your intuition... It's a great way to continually develop your intuition... Journaling opens up your intuitive channel to receive even more gorgeous soulful guidance...

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STEP #8 - PPP Practise | Persistence | Unlock Your Potential

When you begin the journey of reading oracle cards we all want the answers immediately... It's natural... However, I want to be 100% transparent here as share with you that reading oracle cards is like any other new skill you're developing... It takes time...

The beauty with this spiritual soulful skill you're learning is that it's so incredibly inspiring & fun to see your continual progress with ever card spread you do...

You'll access your hidden talents/gifts/skills within, develop new perspectives & meanings to your life that will enrich you in ways you couldn't imagine...

As I share with my students inside my Sacred Psychic online program, this model of CPR - Consistency, Persistence & Repetition is one of the most important aspect to learning oracle cards...

As you consistently practise playing with your cards and discovering new levels within yourself... Being persistent at the beginning to learn this powerful new skill will teach you patience & through repetitiously doing spreads daily will unlock new potential & the magic that's within you...

All you need to do now, is be an active participant that is open to igniting that spark within you to explore, expand and experience the magic of oracle cards...



Much Love
Rachael xx
Intuition Teacher & International Psychic

THE
SACRED
Psychic
ONLINE PROGRAM

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CREATE THE LIFE YOU WANT TO LIVE, USING ORACLE
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